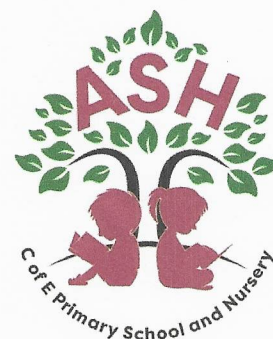


Ash C E V C Primary School, Main Street, Ash, Martock
Somerset TA12 6NS Telephone: 01935 822674
Email: office@ashprimaryschool.co.uk



Interim Headteacher: Jane Perry

23rd May 2023

Dear Ash Families,

On Tuesday 11th July, Venus and Neptune classes will be visiting the Carymoor Environmental Centre near Castle Cary.

Previous visits have been so worthwhile – the staff there, always organise interesting and informative activities. We will be participating in the Wildlife Detectives Day which will cover objectives from the Science curriculum for all three-year groups.

Children will need a packed lunch. We always take part in the Waste Free Lunch competition and have been placed in the past. Please discuss with your child how their lunch can be packed with little, or no waste (plastic) left. Reusable pots are useful. There is more info about this attached.

In terms of clothing, it needs to be weather appropriate. However, the children must have reasonably substantial footwear, as we will be walking through a nature reserve – wellies, walking boots or old trainers are recommended (no open toes or thin soles please). Long trousers are also recommended, even if it is hot.

The cost of the trip will be £13.30 to cover the cost of the coach and the activities at Carymoor, the payment item will be added to Parentpay.

Please reply using the permission slip at the bottom of the letter

Yours faithfully

Mrs Maple

My Child:, has permission to attend the Carymoor
Environmental Centre on Tuesday 11th July.

Class:

Parent Name:

Parent Signature:

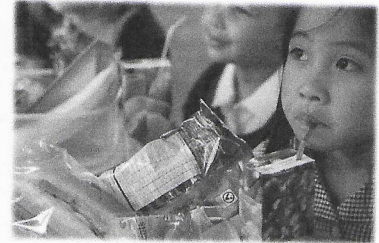
Waste Free Lunch Competition



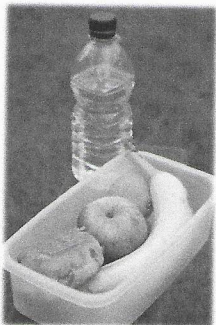
Dear Parent/Carer

As part of your child's visit to Carymoor Environmental Education Centre they will take part in our Waste Free Lunch Challenge. This is a competition to find the school with the most eco-friendly lunches.

During their visit pupils will be asked to sort their Lunch rubbish, identifying items that can be reused, recycled or composted, plus food waste, and non-recyclables that will go to be incinerated. We will weigh the food waste and non-recyclable waste and use the combined weigh to calculate the amount of waste per pupil. The school with the smallest amount per pupil, and therefore most waste-free lunches, at the end of the academic year will win our 'Waste Free Lunch Award'.



To prepare for the challenge it would be great if you and your child could work together to make a lunch that is as waste free as possible. Here are some top tips on how you can do this:



- Put sandwiches in a reusable container or wrap, such as Tupperware, an ice-cream or margarine tub or beeswax wrap, instead of wrapping in clingfilm or plastic bags.
- Use a re-fillable drinks bottle or flask instead of single-use cartons, cans or pouches.
- Buy family size packs of crisps, biscuits or yoghurt and transfer small amounts into reusable containers for the day, instead of buying multipacks of individually wrapped items.
- Look for recyclable packaging such as paper, card or foil, rather than plastic.
- Have fun baking treats with your children. When packed in a reusable container, home baked treats usually create less waste than shop-bought, pre-packaged items. Paper cake cases can be composted.
- An extra piece of fruit is a healthy alternative to packaged snacks such as crisps or biscuits and any cores, skins or peel can be composted. If your child finds it a challenge to eat a whole piece of fruit, cut it into smaller pieces and pack them in a reusable container.
- Try to only pack the amount of food that your child will eat so that there isn't excess food that might be wasted.

Thank you to you and your child for taking part in Carymoor's Waste Free Lunch competition.

Good luck from the Carymoor team!