

# KS1 PSHE and Citizenship

## Relationships - TEAM

### Guide for Parents and Carers

**This term, your child's PSHE and Citizenship topic is TEAM.**

This unit, entitled TEAM (Together Everyone Achieves More), will focus on class and community rules. It will address the reasons for these rules and the importance of a positive learning environment to a class' success. The unit will tackle team behaviour, including kindness, good choices, bullying and teasing. Each lesson will link to the notion of TEAM (Together Everyone Achieves More).

**We will be exploring these questions:**

**Lesson 1:** What does it mean to be part of a team? What teams are we a part of?

**Lesson 2:** Why is it important to listen to other people? How can I be a good listener?

**Lesson 3:** How can we show kindness to others? Why is it important to be kind to the people around you?

**Lesson 4:** What kinds of unkind behaviour are there? What can we do if we see teasing or bullying, or if it happens to us?

**Lesson 5:** How can we be positive learners? What can we do if we find something difficult?

**Lesson 6:** What choices can we make about our behaviour? How might our choices affect the members of our team?

**Your child will be taking part in a range of activities, including the following:**

Creating drawings, collages and posters; making their own chain of kindness; listening to stories; drawing or writing ways to deal with teasing or bullying; sorting thoughts into helpful and not-so-helpful thoughts; and listening activities, where they have to follow a set of instructions.

#### About PSHE and Citizenship Education

PSHE stands for Personal, Social, Health and Economic Education. It is an important part of the school curriculum that aims to teach children the knowledge and skills that they need stay safe, happy and healthy, while preparing them for their life ahead.

We understand that some parts of the PSHE and Citizenship curriculum involve exploring sensitive or controversial issues. That's why all adults involved in delivering your child's PSHE and Citizenship education will make every effort to establish a supportive and positive environment for learning.

Children will be given opportunities to ask any questions they may have and adults in the class will set aside time to explore any questions or issues that are raised in the course of the lesson.

If you have any questions or concerns regarding your child's PSHE and Citizenship lessons, or anything else, please don't hesitate to let us know.