

KCQ's	YEAR 4 LEARNING OBJECTIVES Relationships	E-safety
Collaborative Curious Empathetic Honest Independent Innovative Resilient Respectful	<p>Relationships: Ups and downs in relationships, Changes in families</p> <p>Health and Wellbeing: Feeling good</p> <p>Children should have opportunities to:</p> <ul style="list-style-type: none"> • Make 'I' statements about their interests and feelings • Explore the concept of keeping something confidential or a secret • Recognise and be sensitive to the needs and feelings of others • Clarify what is important to them • Form reasoned opinions • Know that there are many different patterns of friendship • Understand the meaning of friendship and loyalty • Be able to be honest • Understand how loss can come in many forms • Know where to get help in school and through help lines when facing problems • Understand that it is wrong for children to be bullied or abused by other children or adults • Develop understanding of different types of relationships and families • Understand what families are, and what members expect of each other • Know the different changes that take place in human life • Develop skills needed for relationships, such as listening, supporting, showing care <p>Sex Education</p> <ul style="list-style-type: none"> • Understand and describe the main stages of the human life cycle and how the body changes • Identify some basic facts about puberty, reproduction and pregnancy 	<ul style="list-style-type: none"> • Continue to develop awareness of relevant e-safety issues, such as cyber bullying • Use a range of communication tools to collaborate and exchange information with others eg email, blog forums <p>Health Education</p> <ul style="list-style-type: none"> • Learn key facts about puberty and the changing adolescent body, including physical and emotional changes • Learn key facts about the menstrual cycle including what is an average period, range of menstrual products and the implications for emotional and physical health • Accept responsibility for personal cleanliness